

DANCE TEAM NATIONALS MARCH 5 - 7, 2026 Long Beach Convention Center Arena

Event Schedule

The following schedule is subject to change based on registration:

Thursday Competition

8:00am - 10:00pm

Gold solos and Silver solos.

7:00pm-9:30pm: All Star Rehersal

Friday Competition

8:00am-8:00pm

Competition: Extra Small, Small contemporary, small lyrical, small jazz, small hip hop, small pom/song, medium jazz, medium contemporary, medium lyrical, medium pom/song

Dancer of the Year Dance Off: 8:00pm-10:00pm

Saturday Competition

8:00am-4:00pm

Competition: Medium hip hop, large jazz, large contemporary, large hip hop, large lyrical, open, character, kick, large pom/song, military, dance/drill, small all male, large all male, co-ed dance, student choreography, pep flag I, pep flag 2, Middle school.

8:00am - 10:30am: University Recruitment Experience 10:30am - 2:30am: University Row Open

Closing Gala Show & Finals Competition

5:00pm-11:00pm

Finalists will re compete for any category that has 8 or more entries. This is applicable to both the Silver & Gold levels. All Gold category champions, High School category champions that receive a 90 or higher will also be featured in the Gala. All specialty awards for both Silver and Gold levels (Grand Champions, topoverall, top style...etc.) will be awarded at the closing of the Gala.











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